

NativearthSeed LLC

Seed Starting Guide

Full Sun Butterfly & Rain Garden Seed Pouch



Native New England Wildflowers

Seed Starting Instructions using NativearthSeed's Grow Kit

Special note for all seed starting: It is important to saturate the soil with water prior to any sowing. The soil should be very moist, but not flooded. After seeding the tray, use the spray bottle supplied with the kit to moisten the seeds, place the dome on, switch on the **Sunblaster LED** light, open both vents about 1 inch.

PLEASE NOTE VERY IMPORTANT:

ALL SEEDS MUST BE REMOVED FROM THE CAPSULE TO SOW

Full Sun Pouch

1. **Big Bluestem, *Andropogon gerardii*:** Press the seeds just below the surface of the soil. Be sure to cover the seeds with moist, wet soil, but not too deep. Also, be sure the soil is compressed a bit.
2. **Common Milkweed, *Asclepias syriaca*:** This species needs light to germinate, do not completely bury the seeds with soil. Press the seeds lightly into the soil, spray with water after sowing.

3. **Lance-leaf Coreopsis, *Coreopsis lanceolata*:** Needs light to germinate, so place the seeds on the soil, and press lightly; it is okay if part of a seed has soil on it, just make sure they are not covered completely, keep them moist.

4. **Wild Lupine, *Lupinus perennis*:** There are a couple ways to get this seed to germinate.

A. Place the seeds in cold water for three days prior to sowing. This will soften the hard seed shell and also stimulate the germination process. After 3 days, place the soaked seeds, one per unit on the soil, press gently so they are a bit below the surface. Be sure they are covered. The moist soil surrounding the seeds will continue to soften the seed's outer shell. Do not bury too deep. They should begin to geminate in a few days, though not all at once. For more information take a peak at my video [STARTING LUPINES](#) .

B. The second way is to start the Lupine seed outdoors in the fall, about 3/4 of an inch below the soil, mark the area where the seed was planted, either in a protected tray or garden.

5. **Wild Bergamot, *Monarda fistulosa*:** Needs light to germinate, so place the seeds on the soil, press lightly and spray the seeds with water. If the soil slightly covers the seeds it is okay, just be sure they are not buried.

6. **Switch Grass, *Panicum virgatum*:** Place the seeds on the soil, press firmly until the seeds are slightly below the surface, then cover lightly with soil. The light helps the seeds to germinate, so don't bury them. After sowing, give the seeds a strong mist from the spray bottle. The water will help soften the seed's shell.

7. **Cut-leaf Coneflower, *Rudbeckia laciniata*:** Place the seeds on the soil and press lightly into the surface. Do not bury the seeds, they need light to germinate. Spray water on seeds, once again, before covering with the dome.

8. **Butterfly Milkweed, *Asclepias tuberosa*:** Place the seeds on the soil, these seeds need light to germinate, so don't bury them. Spray the seeds with water to moisten them, give them a little extra spray to soften the seeds.

9. **Calico Aster, *Symphyotrichum lateriflorum*:** Place the seeds on the soil, press them lightly into the soil, cover lightly with soil. Spray once more before placing the dome on.

10. **Sky Blue Aster, *Symphyotrichum oolentangiense*:** Place the seeds on the soil and press lightly, cover lightly with soil, like the Calico Aster. Spray once more before placing the dome on.